

The Messenger



You, my brothers and sisters, were called to be free. But do not use your freedom to indulge the flesh; rather, serve one another humbly in love.

—Galatians 5:13

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LUTHERAN
CHURCH
OF OUR
SAVIOUR

8401 W. Hillsborough Avenue, Tampa FL 33615
www.lcostampa.org ~ 813-884-1232
www.facebook.com/lcostampa
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OUR VISION

Through LCOS all come to know the unconditional love of God, grow in their faith, and share their love and faith with others.

OUR MISSION

That all may experience the love of Jesus Christ, we reach up through worship celebration. We reach out by sharing our faith. We reach in through prayer and study.

SUNDAY WORSHIP CELEBRATIONS

Bible Study	8:30am
Worship Service	9:30am
Fellowship	10:30am

CHURCH STAFF

The Rev. Jon L. Culp, **Interim Pastor**
Naoko Okada, **Minister of Music**
Charlie McCoy, **Accountant**
Roger Swain, **Financial Secretary**
Ginnie Berge, **Temporary Office Manager**

CHURCH COUNCIL *(Ministry Area)*

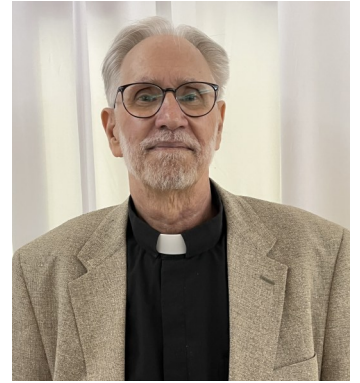
Sara Berge, **President**
(Governance & Administration) and (Technology)
Don Richardson, **Vice President**
(Facility & Grounds)
Jan Spaulding, **Secretary** *(Education)*
Kristi Thiese Saligame, **Finance/Treasurer**
(Stewardship & Financial) and (Social Media)
Charlie McCoy *(Stewardship & Financial)*
Lynne O'Reilly *(Care)*
Fran Palermo *(Fellowship & Hospitality)*
Sharon Rozell *(Outreach)*
Judith Stocker *(Worship)*

MISSION TEAMS

Acolytes & Crucifers	Cherri Krall
Adult Education	Don Richardson Kent Chetlain
AV Team	Heidi Richters
Bulletin	Ginnie Berge Karen Muir
Call Committee	Heidi Richters, Linda Dillinger, Liam Heselius, Cherri Krall, Rick Padin, Noah Rozell, Martin Stewart
Coffee Hour	Martin Stewart Heidi Richters Fran Beauregard
Communications	Karen Urban
Counters	Kristi Thiese Saligame Roger Swain
Education	Jan Spaulding
Facility & Grounds	Don Richardson
Fellowship & Dinners	Don Richardson Martin Stewart
Food Bank	Kristi Thiese Saligame
Greeters	Heidi Richters Fran Beauregard
LAFFS	Lynne O'Reilly
Lay Pastoral Care	Lynne O'Reilly
Newsletter Team	Karen Urban Rick Padin Ginnie Berge
Note Folks	Linda Dillinger
Outreach	Danielle Kearney Sharon Rozell
Ushers	Martin Stewart
Website & Social Media	Kristi Thiese Saligame
Worship & Music	Naoko Okada

The Gift of Giving Given

Submitted by Pastor Jon Culp



Whenever I go to visit with a prospective new member, there is usually two questions I can count on being asked. The first is “How much am I expected to give to the church. My answer always surprises them. I say without hesitation, “Everything”! I always get the same response. It’s either a blank stare or a look of discomfort. That is, until I explain what I mean.

I tell them that everything they have and everything they are is a gift from God. Every talent, every ability, every bit of food and clothing we have is a gift from God. So, why shouldn’t we freely give back from what we freely have received? That usually calms things down a bit.

I continue by saying that these gifts include our families, friends and our children. So, we also have a responsibility to provide for them. So, when we provide food, and clothing and shelter for those we love, we are also giving to God. That always gets a bit of a smile.

That’s the point. It’s not how much we give, it’s how we give. We need to have gas for our cars, at least for now! We need to have food for our stomachs. Taking care of these things is an expectation of God. Those things matter. But, how we do so is also an expectation. In today’s consumer driven world, we are told that we deserve only the best. In faith, the best includes a balance that understands the world is a part of our family.

The second question I usually get is “How can I grow closer to God”? My answer is similar. As we care for the gifts that God has given us, including ourselves, is the balance God desires. A living relationship with God is the way God intends for all creation. “In the beginning”, we hear of a relationship that is co-dependent. God provides, and God calls us to participate in caring for all of the world. Understanding, that God lives within us, and as we seek the God within each other, we find balance that draws us together. To draw closer to the world, we draw closer to God. And, it is all good! As our prayers seek God’s presence, we often find it in each other. In our daily devotions we seek God’s wisdom and we find it everywhere if we are willing to look.

I see God at work in all the ministries we have at LCOS. The caring for each other, the sharing of our gifts, are the ways in which we strengthen our faith. During this time of transition, our question must be beyond what we want and expand to consider what do we need. What is God calling us to consider for the future of our ministry?

I pray that God will lead us, provide for us and help us draw closer to each other and the world. God is present in each of us. Let us look inward and outward and God will appear in amazing ways!

May we bless and be blessed in this season of faith.

President's Report

Submitted by Sara Berge



Greetings!

At the beginning of June, Heidi Richters and I had the opportunity to attend the Synod Assembly. It was a great experience with meaningful worship services, inspiring messages and informative workshops. The theme for the assembly was “Do You Understand” based on the text from Acts 8:30-31. “Then Philip ran up to the chariot and heard the man reading Isaiah the prophet. ‘Do you understand what you are reading?’ Philip asked. ‘How can I,’ he said, ‘unless someone explains it to me?’ So he invited Philip to come up and sit with him.”

The man in the chariot was brave to admit that he did not understand what the prophet Isaiah was saying and that he needed guidance in order to understand. Once Philip answered questions for the man and explained the prophet’s words, the man had a greater understanding and asked to be baptized. This passage and theme were very well suited to the synod assembly as it provided multiple opportunities to gain understanding. We learned about multiple ministries that are working in Florida and across the United States to spread the love of God. We deepened our understanding of different ways to reach out to the community around us. Throughout the weekend, we saw examples of ways to engage in the community of God together and Heidi and I are excited to move forward with some of these ideas.

As we move forward into the second half of the year, I hope to see everyone working together to help LCOS move forward into the future. Our council met for a retreat at the end of June. We discussed different ways we can build our ministry at LCOS and worked as a team to tackle some projects in the main office and sanctuary building. We are looking forward to finding ways to involve everyone in different areas of the church. Community is an important part of a church and the people of LCOS are welcoming and loving. This is a great gift that we have to share with the community, and we need everyone to share their time and talents to continue to grow the ministry of our church.

Just as the man in the chariot admitted that he needed help to understand the words of Isaiah, we as a congregation need to help each other understand what is needed to move forward in our ministry. There are great things in our future and we have a lot to look forward to!

LCOS Council Meeting Summary May 17, 2026

Submitted by Jan Spaulding



Opening prayer 11:08 am.

Financial: Kristi Saligame

Continue to do well financially overall. April to show loss because the A/C unit that needed repair was paid for. State Annual Report was filed by Kristi Saligame. Thank you Kristi!!!!

Kaye Prox Food Bank: Kristi Saligame

Continues to serve 350+ families weekly with variation in the number of clients served. Client numbers vary from 85 to 140 families. Each client receives a box of food items that include dry goods, vegetables, bakery, bread and meat. The Food bank distributes Monday and Wednesday at 11:30am and Friday at 2:30pm. If you are interested in volunteering or have a teen needing community service hours contact Kristi/Jan or e-mail volunteerkayeproxfb@gmail.com. We would love to have you join the team.

Technology: Sara Berge

An upgrade on the sound system continues as Pastor Bruce has been completing power distribution and working on the microphones in the choir loft. Plan to have speakers in the nursery working as well. Naoko will assist with continuing to get the sound system work completed.

Facilities and Grounds: Don Richardson

Thank you to Don Richardson, Martin Stewart and Ernie Largent for keeping our property looking so nice.

Fans have been installed in the back Pavilion to assist with air flow during food distribution for the Food bank. Fire inspection has been completed and need about \$7000.00 in repairs to be completed in 60 days. Hoping to begin repair of the pillars in the main entrance area when equipment is available and man power available.

SWAC Update: Bishop Suarez

Great opportunity in the town and Country area to develop a Latino Lutheran Ministry with a dedicated Pastor. Unable at this time to move forward with the program due to lack of funding which is estimated to be about \$100,000 yearly for 5 years. ELCA has committed \$25,000 a year for 3 years only. Will need to continue to explore other options for funding if we wish to develop this ministry. Pastor Ham thanked LCOS for continued support of this program but on PAUSE for now until funding is secured.

Community Outreach: Kristi Saligame

Hoping to offer English classes to the community especially the clients of the food bank. Looking for a certified English teacher to launch this program.

Closing prayer at 12:36pm

Full minutes for all meetings can be found in the church office.

Respectfully submitted by Jan Spaulding

LCOS Treasurer's Report—June 2026

Submitted by Kristi Thiese Saligame



May Financial Review:

Church **income** in May was **\$25,362**, vs our budget of \$23,645 and last year's result of \$27,416.

Member Giving in May was \$13,679, well below our budget of \$16,135 and year-ago gifts of \$20,423.

We used designated funds of \$7,708 during the month, including \$2,000 from the Mortgage Reduction Fund, \$3,000 from Bold Statement, and \$2,708 from the Fellowship Fund.

Facilities income was \$3,975 in May, vs. \$3,293 a year ago.

Church **expense** was **\$23,609** in May, vs. \$21,498 a year ago and our budget of \$23,560.

A couple of large items boosted our expense in the month. First, we paid about \$3,000 for the electrical work required for the new AC unit in Luther Hall. Second, we spent \$2,708 (using Fellowship designated funds) for a new commercial fridge for the kitchen.

These items were offset somewhat by the lack of an insurance payment during the month. We will make our annual downpayment of ~\$4,800 on our combined insurance policies (Property/Casualty and General Liability) in June. Both policies continue with Liberty Mutual.

Other expense categories were in generally line with expectations.

LCOS recorded a **net gain** of **\$1,753** in May. Year-to-date, we show a loss of \$14,004, largely because we paid for a new air conditioning unit in February using surplus funds from 2025. 😊

2026 Year to Date:

Month/Q	Current Year Results			Year-Ago Results		
	<u>Income</u>	<u>Expense</u>	<u>Difference</u>	<u>Income</u>	<u>Expense</u>	<u>Difference</u>
Jan	\$17,076	\$19,490	(\$2,414)	\$19,232	\$20,710	(\$1,478)
Feb	\$22,154	\$39,179	(\$17,025)	\$20,528	\$19,771	\$757
March	\$26,362	\$21,214	\$5,148	\$28,087	\$21,680	\$6,406
April	\$20,478	\$21,945	(\$1,467)	\$22,149	\$23,074	(\$925)
May	\$25,362	\$23,609	\$1,753	\$27,416	\$21,499	\$5,918
Total	\$111,432	\$125,436	(\$14,004)	\$117,412	\$106,735	\$10,677

This & that:

Wishing you and your loved ones all the joys of the Summer holiday season! We're starting to gear up for our 15th Annual Golf Tournament & Fun(d)raiser on Saturday, October 24th – please reach out to Karen Muir if you would like to help with initial mailings and planning. Stay tuned for the registration info for golfers, donors, and sponsors; it should be a great day!

As always, thank you for keeping the mission, ministries, and members of this church in your prayers. Your faithful support is vital fuel for this church, as it continues to serve both our members and our neighbors in the surrounding community.

-Kristi Thiese, Treasurer

Kaye Prox Food Bank

Submitted by Kristi These Saligame



Volunteers Angela and Lucia taking a few minutes with the baby, while her mom packs the family's food into their car.



Friday crew photo op in front of our white trailer.



Wednesday crew surprised Angel with a big celebration for his 70th birthday!!





Submitted by Cherri Krall

The Call Committee is in full swing, working hard together in search of a pastor. We meet every other week and so far, we have set the necessary goals that will aid us in identifying the person that not only fits the needs of our congregation, but also the one person whose needs WE will meet as well. One of our first tasks was to identify the individual gifts of each committee member and thereafter assigning each member to different roles based on their unique gifts.

And while we have different tasks assigned to each committee member, we are nonetheless committed to allowing the Holy Spirit to lead us. And through planned devotions and much prayer, we have felt the presence of God and His leadership from the beginning of our Committee gatherings. It is exciting knowing that the Holy Spirit has been leading our efforts, giving us the discernment we need for navigating the search and learning the intricacies of serving on a Call Committee.

The Committee has also presented two surveys to the congregation, requesting input regarding essential talent and gifts we want to see in a potential pastor. We calculated the results of the first survey, and provided them to the congregation and will do so with the second survey in the coming weeks. We are grateful to have the congregations' participation in building a profile for the pastor that is right for LCOS!

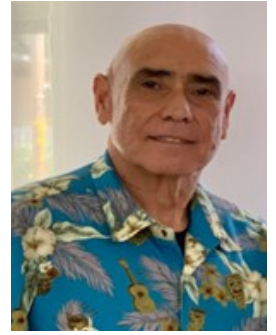
We ask that you continue to pray for the Call Committee as we continue to work on this task for all of you and with the Lord; what an honor it is for us to serve on this committee!



Noah Rozell, Liam Heselius, Cherri Krall, Linda Dillinger, Heidi Richters, Rick Padin, Martin Stewart

MEET OUR

New Members



Meet Mary Wever. She's a native of South New Jersey, relocated approximately 40+ years ago, following her job to Tampa. She's been married to her husband Mickey 46 years and are proud parents of four adult children, two who live in Tampa and two up north. They also are grandparents to five grandchildren, three of them here in Florida and the other two out-of-state. Mary also has one brother who lives up north.

Mary is a dental technician making crowns and dentures, a job she's performed over 40 years. She met her husband on the job. Mary continues working and enjoys this line of work.

Mary was raised catholic and although she was not worshipping regularly, she never lost her faith. Back in 2024, she and husband Mickey were impacted by hurricane damage to their property. In the midst of their loss, her friend Agnes (Aggie) Pompeo introduced her to LCOS where Mary found comfort and reignited her relationship with the Lord. She is regularly in for Sunday worship.

On April 12, 2026, Mary reaffirmed her faith by becoming a member of LCOS; that was Pastor Kauffman's last group initiated as new members to our church. Joining Mary on this day were members of the choir Vladimir Grimm, Joylene and Bill McFarland. Thanks be to God for sending these fabulous people to worship with us.

Since, Mary has become actively involved in our church, taking on altar guild and fellowship duties, greeting and helping in any possible way. Mary is kind and humble, of good character and well-liked by her peers. In addition to Aggie, she's usually in the pews with Dawn Tinnell and Sandra Vazquez.

I thank Mary for opening up to our congregation and sharing her story. I pray for her and her husband Mickey to continue growing in the Lord and enjoy many more happy and blessed years together.

Respectfully presented by,

Rick Padin

Acolytes and Crucifers

Submitted by Cherri Krall



We are so blessed with a wonderful group of Acolytes and Crucifers (Banner Bearers) at LCOS. The High Holy Days at LCOS have been glorious because of their participation. The youth in our church have demonstrated a beautiful witness in their willingness to be a part of the service, and how that warms our hearts! I am so grateful for their faithfulness. They are consistently available when their assistance is needed, and what a gift!

But please be assured, there are no rules that say only young men can serve in these roles; as a matter of fact, we are so grateful to Michelle Doleski for assisting and being available as well! If you are strong enough to carry the cross, the banner or the torches, we welcome you!

I want to extend a personal thank you to Liam, Noah, Ben, Maclin, Michelle, Colin and Ernie for faithfully assisting. You have made so many Sunday Services very special with your gift of service!!! And thank you to Sharon Rozell and Heidi Richters for assisting me. We have a great team, and we have a great time!

Let me invite anyone that would like to be a part of this amazing ministry at LCOS to join us. We plan to schedule a training session very soon wherein some of our experienced leaders will train newcomers. We are still working out our agenda, but we are tentatively planning to serve some snacks and drinks, have a round table discussion about the gift of service, and ask our current members to share how serving on this team has blessed their lives. We truly want to see this team GROW! SO please encourage your children and grandchildren to join us, whether they can serve occasionally or frequently. And if you are an adult that would like to be a part of this amazing service, please join us. Nothing does the heart more good than serving in the house of the Lord!

“Delight yourself in the Lord always and he will give you the desires of your heart.” Psalm 37:4



10, 2004 • TBO.com Keyword: Westchase

Food Bank Renamed In Honor Of Founder

DEDICATION CEREMONY AT CHURCH

By AMY BROOKE WILLIAMS
awilliams@medlageneral.com

From now on, community members who want to donate funds to the Lutheran Church of Our Saviour Food Bank can write out their checks to the Kaye Prox Food Bank.

On Feb. 22, Pastor Jon Keiser lead a worship service and dedication ceremony renaming the mission in honor of its founder.

"(Prox) was a goodhearted person who was constantly raising concerns about the plight of the poor in this community," said Keiser. "She lived out her beliefs to the point that she spent her entire social security checks helping feed families in need."

The food bank, which now serves about 250 Town 'N Country residents each week, began as a one-woman operation with Prox giving food to 15 local families.

"She didn't share with anybody their names or the nature of their problems, she just took care of them," said Marilyn Ruggiero, the food bank's current director.

And when Prox didn't have enough room to stock the food in her own pantries, she started storing the food at her church.

Twenty years later, the need for the food bank has grown.

Last February, Lutheran Church of Our Saviour's congregation made a commitment to expand the food bank and make it an outreach mission of the church.

As a result, food bank volunteers gave out 40,000 pounds of food in 2003.

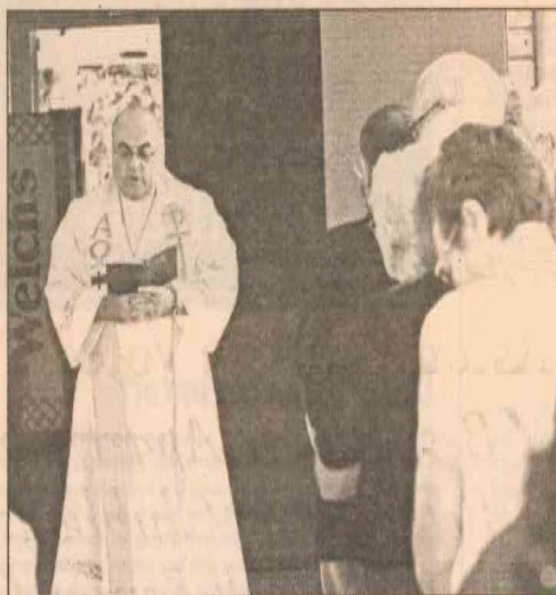
Through the program, low-income individuals and families are able to visit the church once every two weeks and collect a bag of food. Depending on donations, the bags typically containing protein items, vegetables and bread products.

One point the food bank's



AMY BROOKE WILLIAMS/Staff photos

Above, friends of the late Kaye Prox met at the food bank at Lutheran Church of Our Saviour for a dedication ceremony renaming the outreach program the Kaye Prox Food Bank. Pictured are Darlene McRoberts, left, Marilyn Ruggiero and John Prox, Kaye's husband. At left, pastor Jon Keiser dedicates and renames the Lutheran Church of Our Saviour Food Bank the Kaye Prox Food Bank.



organizers want to drive home is that the money that goes to the food bank stays there. It doesn't go to other church programs.

"Sometimes people don't want to give money to a

church, but they would give money to a food bank. They may not realize our church's food bank is separate. It's nondenominational," said Ruggiero.

So, in renaming the food

bank, its organizers not only paid tribute to its founder, who died in 2000, but also may have cleared up some confusion, she said.

Lutheran Church of Our Saviour, 8401 W. Hillsborough Ave., can be contacted at 884-1232.

Those who wish to make donations to the food bank can drop off money or non-perishable foods to the church during the food bank's hours: Mondays, Wednesdays and Fridays from 1 until 3 p.m.

Back to School Drive

Submitted by Danielle Kearney

Dear LCOS Family,

The Outreach Ministry Team is working with the Kaye Prox Food Bank to host a "Back to School" drive for the children of families in need. Starting **July 5th and ending August 2nd** a large box will be in the narthex to receive the donations. Following is a list of items needed:



Backpacks
Pencils and Crayons
Markers and Pens
Notebooks
Binders
Glue Sticks
Rulers
Children's Scissors
Erasers



Should you have any questions or suggestions, you can call either Sharon Rozell at 813-263-0977 or Danielle Kearney at 813-375-2581. Thank you for your generosity!

Florida-Bahamas Synod Assembly — June 4-6

Delegates attending from LCOS were Sara Berge and Heidi Richters




DO YOU
understand?

³⁰ Then Philip ran up to the chariot and heard the man reading Isaiah the prophet. "Do you understand what you are reading?" Philip asked. ³¹ "How can I," he said, "unless someone explains it to me?" So he invited Philip to come up and sit with him. Acts 8:30-31 NIV

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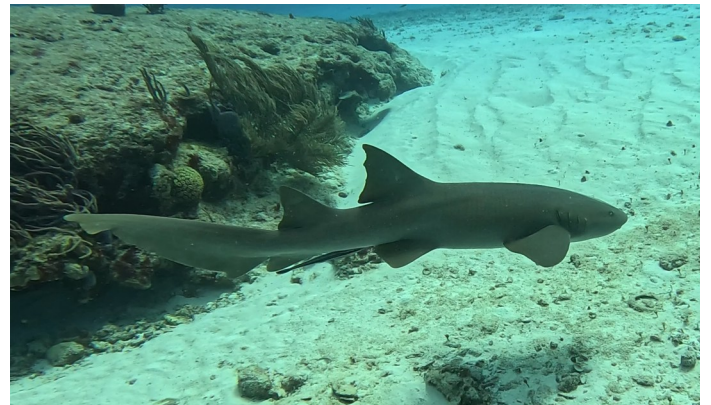
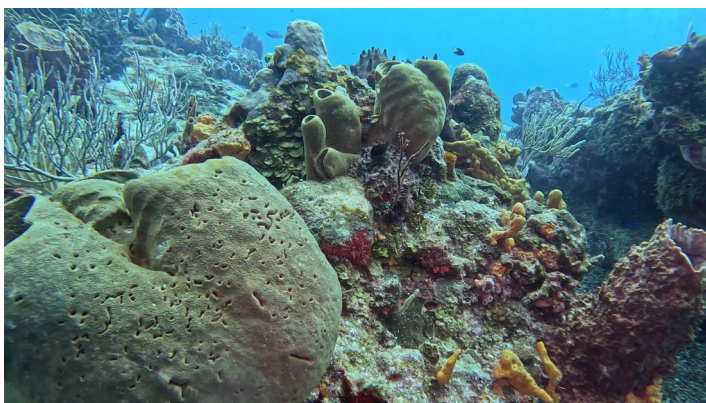
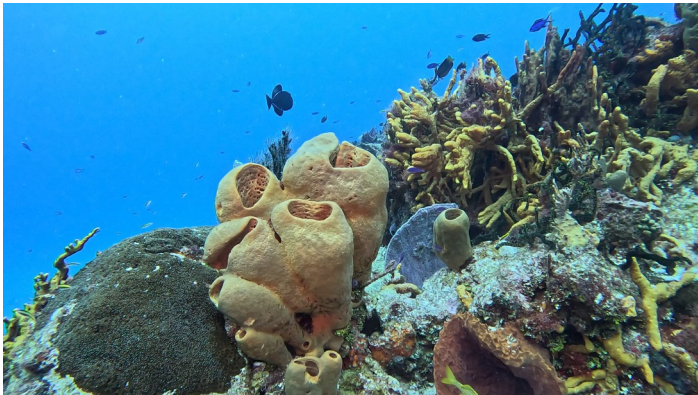
SNAPS & SNIPPETS

Submitted by Gary Jordan

These are scuba diving pictures from when Kim and I were in Cozumel Mexico in February. Kim and I have been passionate scuba divers since '77.



²⁴ O LORD, how manifold are your works! In wisdom you have made them all; the earth is full of your creatures. ²⁵ There is the sea, great and wide; creeping things innumerable are there, living things both small and great. Psalm 104:24-25



LCOS JULY BIRTHDAYS

Julian Julius	July 4
Janet Thambiraj	July 7
Marie Archondis	July 9
Kelin Heselius	July 16
Jane Stewart	July 16
John Hangartner	July 17
Karen Muir	July 22
Barbara Beauregard	July 26
Kurtis Kaladeen	July 30



LCOS AUGUST BIRTHDAYS

Carol Cousins	Aug 1
Mary Donovan	Aug 1
Amy Jordan	Aug 1
Judith Stocker	Aug 2
Allan Berge	Aug 3
Gwyn Leimbach	Aug 7
Darren Paffenroth	Aug 9
Chuck Urban	Aug 10
Linda Dillinger	Aug 17
Rachel Richardson	Aug 18
Nancy Cross	Aug 19
Scott Macaluso	Aug 22
Donald Thomas	Aug 25
Ginnie Berge	Aug 31

If your birthday is missing from our list, please contact Roger Swain, roger.swain@tampa.rr.com, or at 813-886-7961 so we may include you in next year's newsletter.

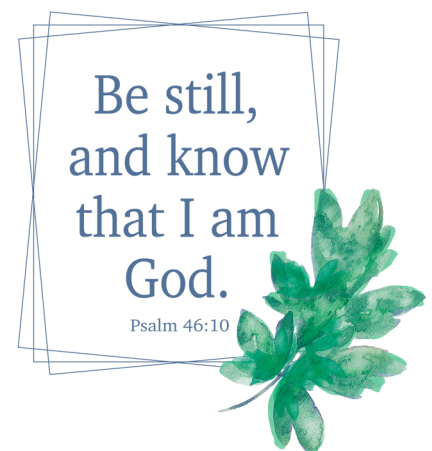
The Sacred Pace of Rest

Jesus, who often withdrew with his disciples to quiet, deserted places, understood something we easily forget: transformation takes time. The richest, most life-giving compost does not form overnight. As author James Gleick observes, "You can't hurry compost for the same reason you can't hurry love and you can't hurry a soufflé. The biochemistry has its own inherent pace." In much the same way, the most meaningful parts of life unfold slowly. Relationships deepen over years. Wisdom grows through experience. True rest cannot be rushed.



Disciples of Jesus today are invited to rediscover the value of the deserted place. It is not empty or wasted space, but sacred ground. It is where long books can be read, unhurried prayers can be offered and deep thoughts can take root. It is where Sabbath is honored through rest, renewal and quiet attentiveness to God.

In a culture that prizes speed and productivity, stepping away may feel counterintuitive. Yet it is in these still moments that our souls are restored and made fertile for growth. The deserted place becomes a gift, shaping us into people who are grounded, attentive and spiritually mature, ready to reenter the world with renewed strength and purpose.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
28 8:30am Adult Bible Class 9:30am Worship with Holy Communion 11:00am Fellowship 12:30pm New Ark	29 10:30am Portico Ministry 12:20pm Food Bank	30 10:00am Pastor Jon Hours	1 10:30am Portico Ministry 12:20pm Food Bank	2 6:30pm New Ark 7:00pm AA	3 2:30pm Food Bank	4 Independence Day 
5 8:30am Adult Bible Class 9:30am Worship with Holy Communion 11:00am Fellowship 12:30pm New Ark	6 10:30am Portico Ministry 12:20pm Food Bank	7 10:00am Pastor Jon Hours	8 10:30am Portico Ministry 12:20pm Food Bank	9 6:30pm New Ark 7:00pm AA	10 NEWSLETTER DEADLINE 2:30pm Food Bank 	11 Event - Carlos
12 8:30am Adult Bible Class 9:30am Worship with Holy Communion 11:00am Fellowship 12:30pm New Ark	13 10:30am Portico Ministry 12:20pm Food Bank	14 10:00am Pastor Jon Hours	15 10:30am Portico Ministry 12:20pm Food Bank	16 6:30pm New Ark 7:00pm AA	17 2:30pm Food Bank	18
19 8:30am Adult Bible Class 9:30am Worship with Holy Communion 11:00am Council Meeting 11:00am Fellowship 12:30pm New Ark	20 10:30am Portico Ministry 12:20pm Food Bank	21 10:00am Pastor Jon Hours	22 10:30am Portico Ministry 12:20pm Food Bank	23 6:30pm New Ark 7:00pm AA	24 2:30pm Food Bank	25
26 8:30am Adult Bible Class 9:30am Worship with Holy Communion 11:00am Fellowship 12:30pm New Ark	27 10:30am Portico Ministry 12:20pm Food Bank	28 10:00am Pastor Jon Hours	29 10:30am Portico Ministry 12:20pm Food Bank	30 6:30pm New Ark 7:00pm AA	31 2:30pm Food Bank	1



Interim Pastor

Pastor Jon Culp will be in the church office on
 Tuesdays from 10am-2pm.
 Email: iPastor@lcostampa.org

Church Office Hours

Tuesdays and Thursdays, 10am-2pm
 Email: office@lcostampa.org / Phone: 813.884.1232

Temporary Office Manager

Ginnie Berge (remote from ND May-October)
 Email: gberge@lcostampa.org
gkberge7@gmail.org, 701.429.3279

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Deadline for submission of
August Newsletter items is:

July 10, 2025

Please submit articles or pictures to:

newsletter@lcostampa.org



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