

Lutheran Church of Our Saviour

THE MESSENGER October 2018



COMMUNICATING LIFE
GROWING LIFE
MAINTAINING LIVES

*"I will give thanks to the Lord with my whole heart."
Psalm 111:1*

STEWARDSHIP APPEAL 2019



8401 W. Hillsborough Avenue, Tampa FL 33615

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Our Vision

Through LCOS all come to know the unconditional love of God ,grow in their faith, and share their love and faith with others.

Our Mission

That all may experience the love of Jesus Christ, we reach up, through worship celebration. We reach out by sharing our faith; and we reach in through prayer and study.

THIS IS LCOS

Sunday Worship Celebrations

Bible Study: 8:30 am

Worship Service: 9:30 am

Children Sunday School during service

Church Staff

Rev. Jose-Luis La Torre-Cuadros, Pastor

Naoko Okada, Minister of Music

Nancy DeVries, Bookkeeper/Secretary

Church Council

**Barbara Beauregard
President**

**Kim Cross,
Vice President**

Kim Jordan, Secretary

**Elsie Fewer
Don Gibson
Heidi Richters
Tom O'Reilly
Janice Spaulding
Eduardo Forte**

Mission Team Leaders

Acolytes & Crucifiers

Adult Education

Altar Guild

Boy Scouts

Clothes Closet John/Karen Hangartner

Offering Counters

Liturgists & Communion Asst Heidi Richters

Facilities & Grounds Barbara Beauregard

Fellowship Don Richardson

Finance/Treasurer Kristi Saligame

Food Bank Rita Blyden

Hospitality Peggy Kienzle/Lorella Swain

LAFFS Lynne O'Reilly

Lay Pastoral Care Team Steve Smeach

New Our Saviour's Disciples Julian Julius

Newsletter/Bulletin Nancy DeVries

Note Folks Diane Tolzman

Stewardship Tom O'Reilly

Seven Habits of Jesus Steve Smeach

Sunday School Luz Miranda

Ushers Martin Stewart

Website Terry Yannick



Dear disciples of Jesus:

I will give thanks to the Lord with my whole heart. Psalm: 111,1.

I will give thanks to Growing Lives, Communicating Life and Maintaining Life.

Spiritual growth happens when we are challenged, when we look beyond ourselves, when we open ourselves up to responding to God in new ways to express our gratitude.

That is true in our giving as well. This year pray for your giving. I don't think God will ask you to sell everything. But, perhaps God will ask you to grow by a percentage this year, and not to stop anytime soon. Perhaps God will show you how you can give something up in your life and discover a way to give that up. Or, perhaps God will show you how to have more faith in tomorrow and not to hold on to so much because of worry.

The church will once again send you a letter inviting you to grow in your giving. I invite you to listen to that letter and see if you can hear the voice of God asking you, so you will answer with a thankful heart.

The words of Jesus in Matthew chapter 6:

"Therefore, I say to you, don't worry about your life, what you'll eat or what you'll drink, or about your body, what you'll wear. Isn't life more than food and the body more than clothes? Look at the birds in the sky. They don't sow seed or harvest grain or gather crops into barns. Yet your heavenly Father feeds them. Aren't you worth much more than they are?"

The reality though is that many of us do fear. We worry about not having enough. We fear that suddenly we may lose it all. We often say "what if" as we make decisions to spend money or give money away at the church. The truth is that we have been blessed. God is creator. Luther says that means that God provides us with what we need. Therefore, since God created us, we are free to worry a bit less. We can trust that we are more valuable than the birds of the air. We can live like Jesus says, and not worry about tomorrow.

How would your giving to the church be different if you worried a little less about tomorrow and simply lived today because God provides abundantly?

Experience has shown that giving -to be meaningful and joyful- has to be sacrificial! Each will have to determine what amount or percentage is sacrificial for his or her circumstances.

Jesus says in Matthew 6,21 that *"where your treasure is, there will be your heart also."* *If it is here in this congregation, then we need to look at how we can give gratefully, sacrificially and joyfully. Thanks for your generosity.*

Your Pastor,

The Rev. Jose Luis La Torre Cuadros.

A handwritten signature in black ink that reads "Dr. Jose Luis". The signature is written in a cursive, flowing style.



¡Alabado sea el Señor!
Daré gracias al Señor con todo mi corazón.

Salmo 111,1

Querida congregación:

Demostremos gracias dando vida, proclamando la vida y manteniendo la vida espiritual. La vida y la espiritualidad son dones de Dios. Una buena manera de demostrar el crecimiento espiritual es a través de la generosidad.

La generosidad, como acción de dar y compartir con los demás, es una cualidad que debemos fomentar. Ser generosos no solamente en momentos de desastres naturales, que es cuando más se necesita la ayuda humanitaria, sino la generosidad como un hábito en nuestro diario vivir, los discípulos de Jesús no se quedan de brazos cruzados esperando que surjan tiempos de necesidad, sino que buscan oportunidades para actuar.

“Ustedes serán enriquecidos en todo sentido para que en toda ocasión puedan ser generosos, y para que por medio de nosotros la generosidad de ustedes resulte en acciones de gracias a Dios.” (2 Corintios 9:11)

La palabra de Dios nos dice: en toda ocasión. Dios nos dará los medios necesarios para ayudar a quienes lo necesitan, pero nosotros debemos estar dispuestos a hacerlo.

Las escrituras promueven la generosidad con el siguiente mensaje: *“Nunca se olviden de hacer lo bueno, ni de compartir lo que tienen con los que no tienen nada. Ésos son los sacrificios que agradan a Dios.” (Hebreos 13:16). ¿Deseamos agradecer a Dios? Ya sabemos por dónde podemos comenzar.*

La generosidad es más eficaz si lo que se le entrega a la otra persona es importante para ella, así que tómate un tiempo para analizar qué le agradecería recibir y luego ponte en acción.

Recuerda que la generosidad no se reduce únicamente a bienes materiales, seguramente un poco de tu tiempo a tu familia o tus amigos será muy bien recibido y apreciado.

Otras personas también trabajan en el valor de la generosidad, así que no olvides la gratitud y alguna muestra de aprecio cuando una persona se acerque a ti con algún detalle.

Seamos generosos y apoyemos el ministerio de nuestra congregación que no solo nos ayuda a crecer en nuestra fe, sino que además no da la oportunidad de hacerlo ayudando también a otros.

Muchas bendiciones.

Su pastor, Rev. José Luis La Torre Cuadros.

Dr. José Luis



President's page.....

Last month I started with "Welcome Fall", but to see Christmas decorations filling Walmart shelves and we haven't even made it to Oct. 1st yet, is a bit crazy! No wonder the last three months of the year seem to fly by. We get so few days, or hours, we call 'Fall' let's try to enjoy them and all the rest of the events and activities coming up in the next 3 months.

Your Council is also taking time to reflect on our direction, our future and how we will get there. What will we look like in 2 to 3 years? Maybe you would like to be part of that planning. You can! There are openings on your Church Council for January 1st. Judith Stocker is heading up the nominating committee so if you have any interest in serving on your council, let her know, or you can let me know. We certainly welcome new faces, new thoughts and new ideas.

As promised, our Council meeting had a very lively discussion about what we could do with a very large surplus. Surprisingly, when thinking of having endless funds to spend, most suggestions were very modest, cost-wise, to implement. That discussion spilled over into our 2 to 3 year future plan. This was just our first brainstorming session. Over the next few months we will try to refine this into a workable plan. There is always room to add new ideas, or drop ones that are not feasible for us. Don't forget, you are always welcome to join Council or submit ideas! The fun and excitement is just beginning, so become part of it!

Until further notice, please do not use the Recycle Bin. We have just learned that company was sold March 1st. The company that bought them out does not pay us for our cardboard, they charge us to pick it up! We are currently checking out other options and will keep you posted.

Just an F.Y.I: we have not had any news regarding the vandalism that took place on our Memorial Garden. I will keep you posted.

Many thanks to all who made our God's work our hands work day a great success! A number of big projects came off our 'To-Do' list!

Thank you all for your support each and every day!

Barbara Beauregard

Council President



LCOS Treasurer's Notes

August 2018

August church income of \$24,890 included member giving of \$20,918, transfer and fundraising income of \$3,230 and other income of \$742. Member giving for the month was well above our budget of \$14,275 and last August's giving level of \$13,774.

Fundraising and Transfers: During the month, we used \$3,000 from the mortgage reduction fund and \$200 from the Hospitality fund. We received pledged "Birthday Gift" funds, for a total of \$30 in birthday gifts during the month of August.

The other income category of \$742 was entirely rental income.

Expenses for the church were \$22,316 for the month of August, below our budgeted amount of \$23,316 and last year's expenses of \$23,760.

Overall, we recorded a gain for the month of August of \$2,573. For the combined first eight months of 2018, we have a net gain of \$634. At present, we are reasonably current with our bill payments.

LCOS Income vs. Expense Review CY 2018

	Current-year Results			Year-ago results		
	Income	Expense	Difference	Income	Expense	Difference
Jan	\$21,241	\$23,968	(\$2,727)	\$22,351	\$25,320	(\$2,969)
Feb	\$22,143	\$24,975	(\$2,832)	\$19,831	\$23,344	(\$3,512)
Mar	\$23,004	\$27,520	(\$4,516)	\$27,941	\$24,088	\$3,853
April	\$26,762	\$21,552	\$5,211	\$27,000	\$32,992	(\$5,992)
May	\$24,645	\$20,356	\$4,289	\$16,926	\$20,611	(\$3,684)
Jun	\$30,596	\$28,346	\$2,249	\$20,282	\$24,192	(\$3,910)
Jul	\$18,287	\$21,900	(\$3,613)	\$36,239	\$25,601	\$10,638
Aug	\$24,890	\$22,316	\$2,573	\$17,153	\$23,760	(\$6,607)
Total	\$191,568	\$190,934	\$634	\$187,723	\$199,907	(\$12,184)

LCOS 2018 Annual Fall Picnic

Join us for an afternoon of **FUN, FELLOWSHIP,**
FOOD and GAMES



Sunday, October 14, 2018

1:00-4:00 pm at Philippe Park in Safety Harbor

Come join and fellowship at Shelter #7 next to the Indian Burial Mound for our Annual Fall Picnic.

Our master chefs will be grilling hot dogs, hamburgers and chicken.

Bring a covered dish to share with the congregation.

Sign up list can be found in the Narthex.

Monetary contributions are being accepted to cover the cost of the meat.

Other items to be donated include plates, napkins, silverware, condiments and drinks.

Contact Jan Spaulding at 813-453-2098 or email at jms16830@yahoo.com with any questions, contributions or desire to help.

Direction to Philippe Park: West on Hillsborough Rd/Tampa Rd to 580 West. Cross over the bay and turn left on Philippe Parkway. The entrance of the park will be about a mile on the left. Shelter #7 is in the back of the park by the Indian Burial Mound. No alcohol beverages allowed in the park.

GINGERBREAD MINI LOAVES

Prep Time: 15 Minutes
Cook Time: 40 – 45 Minutes
Serves: 12

Ingredients:

2 cups whole wheat pastry flour (or gluten free flour)
2 teaspoons baking powder
½ teaspoon baking soda
4 teaspoons ground ginger
2 teaspoons ground cinnamon
1 teaspoon allspice
½ teaspoon ground cloves
¼ teaspoon salt
½ cup brown sugar (or 3 Medjool dates soaked in warm water for 10 minutes and drained)
¾ cup canned pure pumpkin (not pumpkin pie filling)
¼ cup molasses
2 tablespoons crystallized ginger finely chopped (optional)
¾ cup water, divided

Directions:

1. Preheat oven to 350 degrees. Line two mini loaf pans with parchment paper. If making muffins line the tin with paper liners.
2. In a medium bowl whisk flour, baking powder, baking soda, spices and salt together and set the dry ingredients aside.
3. In a separate medium bowl combine the sugar, pumpkin and molasses, mixing well. If using soaked dates instead of the brown sugar, combine dates, pumpkin and molasses in a blender until mixed well. Set the wet ingredients aside.
4. Pour the wet mixture into the dry mixture and add ½ cup water.
5. Stroke only 10 times, add chopped ginger if using and another ¼ cup water, then stir until incorporated. Be careful not to overmix.
6. Transfer batter into 2 mini loaf pans filling each ¾ full. Bake 40 – 45 minutes until a toothpick inserted in the center comes out clean and the loaves have peaked. If making muffins, bake standard size muffins for 25 minutes, or mini muffins for 17 minutes, checking with a toothpick inserted in the center until it comes out clean.
7. Remove from oven and let cool completely before slicing the loaves or serving the muffins.



Michelle Odiorne

Graduate, Plant-Based Nutrition Certificate Program (www.nutritionstudies.org)

Facilitator, Whole Food Plant-Based Potlucks

PlantPure Nation Ambassador & POD Co-Leader

www.facebook.com/Michelles.Journey2WFBPNutrition/

Beach Day at Honeymoon Island



Rally Day



CURRENT NEEDS FOR OUR MINISTRIES:

CLOTHES CLOSET

- BABY AND TODDLER CLOTHES
- MEN'S T-SHIRTS
- MEN'S SIZE 9-11 TENNIS SHOES (preferably not white)
- MEN'S WHITE SOCKS

We are overloaded with men's dress pants and shirts. Can always use Ladies M, L, XL and Plus lightweight tops.

KAYE PROX FOOD BANK

- Pop open canned food (pasta, soup, fruit)
- Pasta/Spaghetti sauce
- Jelly



Evangelical
Lutheran
Church in America

God's work. Our hands.

SEPTEMBER 15TH 2018



Fellowship



Sunday Worship



In Memory of Lori Muir



¹The LORD is my shepherd, I shall not want.
²He makes me lie down in green pastures;
he leads me beside still waters;
³he restores my soul.
He leads me in right paths
for his name's sake.
⁴Even though I walk through the darkest valley,
I fear no evil;
for you are with me;
your rod and your staff —
they comfort me.
⁵You prepare a table before me
in the presence of my enemies;
you anoint my head with oil;
my cup overflows.
⁶Surely goodness and mercy shall follow me
all the days of my life,
and I shall dwell in the house of the LORD
my whole life long.

Psalm: 23



Let us pray:

Almighty God, source of all mercy and giver of comfort, graciously tend those who mourn, that, casting all their sorrow on you, they may know the consolation of your love; through your Son, Jesus Christ our Lord.

Amen

October 2018

Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1	2	3 Food Bank 3-4:30 Choir 7:30	4 New Ark Church 6:30-9 pm	5 Food Bank 3-4:30	6
7 Worship Svc 9:30 New Ark Church 12:30-3:30	8 Columbus Day	9	10 Food Bank 3-4:30 Little League 6:30 Choir 7:30	11 New Ark Church 6:30-9 pm	12 Food Bank 3-4:30	13
14 Worship Svc 9:30 New Ark Church 12:30-3:30 Church Picnic 1:00-4:00 pm	15	16 Church Council 7:00	17 Food Bank 3-4:30 Choir 7:30	18 New Ark Church 6:30-9 pm	19 Food Bank 3-4:30	20
21 Worship Svc 9:30 New Ark Church 12:30-3:30	22	23	24 Food Bank 3-4:30 Choir 7:30	25 New Ark Church 6:30-9 pm	26 Food Bank 3-4:30	27
28 Worship Svc 9:30 New Ark Church 12:30-3:30	29	30	31 Halloween Food Bank 3-4:30 Choir 7:30			

Confirmation Dates

Apostles' Creed, Article 2 - Luke 23:39-46	19-August
Apostles' Creed, Article 3 - Acts 2:1-13	16-Sept
The Lord's Prayer - Matthew 6:5-13	30-Sept
Holy Baptism - Romans 6:1-11	14-Oct
Holy Communion - Luke 22:14-20	28-Oct
Confession & Forgiveness - 1 John 1:5-10	4-Nov
Faith Statements	18-Nov

CONFIRMATION DAY: November 25th Christ the King Sunday.

LCOS October Birthdays

Lorella Swain	10/04
Miranda La Torre	10/13
Roger Swain	10/16

Chris Silvey	10/18
Kim Jordan	10/21
Jacob Silvey	10/24

Gail Smeach	10/25
Michael Reed	10/27
Samuel Reed	10/27

If you, a family member, or an LCOS friend, is missing from our birthday list, please call the church office, 884-1232, or e-mail office@lcostampa.org, so that we may include you next year!



OCTOBER 28TH -REFORMATION SUNDAY

NOVEMBER 4TH – ALL SAINTS SUNDAY (BRING PHOTOS)

DAYLIGHT SAVINGS TIME ENDS

NOVEMBER 11th – STEWARDSHIP SUNDAY

NOVEMBER 12TH- VETERANS DAY (OFFICE CLOSED)

NOVEMBER 18TH – STEVE SMEACH TO BE COMMISSIONED AS DEACON

BAPTISM

NOVEMBER 21ST – THANKSGIVING WORSHIP 7:30PM

NOVEMBER 22- THANKSGIVING DAY (OFFICE CLOSED)

NOVEMBER 25TH – CONFIRMATION WORSHIP

DECEMBER 2ND – CONGREGATIONAL MEETING

DECEMBER 4TH, 11TH & 18TH – ADVENT EUCHARIST & MEDITATION TUESDAYS 11:30AM

DECEMBER 9TH – CHRISTMAS DINNER

DECEMBER 15— PLANTRAGEOUS POTLUCK

DECEMBER 24TH – CHRISTMAS EVE SERVICE 7:30PM AND 10:30PM

DECEMBER 25TH- OFFICE CLOSED

DECEMBER 31ST & JANUARY 1ST- OFFICE CLOSED



Reformation Sunday Celebration October 28th

In 1517, burdened by what he viewed as unbiblical teachings and practices of the church, Luther felt he could remain silent no longer. So on All Hallows' Eve, 495 years ago today, he nailed [95 Theses](#) to the door of the Castle Church in Wittenberg, thus planting the seeds of the Protestant Reformation and changing the course of Western history.



Liturgists

10/7-Fraser Muir

10/14-Kim Cross

10/21-Heidi Richters

10/28-Fraser Muir

Acolytes

10/7-Kurtis Kaladeen

10/14-Michael Reed

10/21-Samuel Reed

10/28-Miranda LaTorre

Communion Assistants

10/7-Joan Baun, Lynne O'Reilly, Fran Beauregard

10/14-Janet Thambiraj, Julian Julius

10/21-Kim Cross, Lynn Richardson, Janet Thambiraj

10/28-Fran Beauregard, Julian Julius



Pastoral Care

Sept 30th –Oct 6th-Kim Jordan and Gail Smeach

Oct 7th-Oct 13th-Steve Smeach and Danielle Kearney

Oct 14th –Oct 20th -Kim Jordan Heidi Richters

Oct 21st-Oct 27th-Gail Smeach and Julian Julius

Oct 28th –Nov 3rd-Danielle Kearney and Mary Kramer



Ushers

10/7-Martin Stewart, Peggy Kienzle, Gil Leimbach, Rick Padin

10/14-Ernest Largent, Brian Cross, Bruce & Michelle Odiorne

10/21-Martin Stewart, Peggy Kienzel, Gil Leimbach, Rich Padin

10/28– Ernest Largent, Brian Cross, Bruce & Michelle Odiorne

Sunday School will be every Sunday in
October.

